

Friarwood Surgery P.P.G. Meeting 29th July 2014

Present: Kevin Duggan-Practice Manager, Dr. Ash Soman G.P. Betty Bridden, Ann Jones, Brian Chappell, Mike Skidmore, Jeff Allinson, Anne Tollick, Lynda Bowker, Lynn Daniel-Expert Patient Programme.

Apologies: Sonia Atkin, Colin Hardwicke, Max Bradley, Gordon Mullis.

1. **Clinical Chat – Diabetes.** Dr Soman gave us an informative overview of the subject. Incidences of diabetes are rising and the numbers are higher in our area. The surgery has approximately 800 patients within the practice. He talked about the five different types of diabetes. He mentioned the need for patients to understand their condition. Martin – nurse - will talk to patients for about an our educating them about their diabetes. Dr Soman holds a weekly clinic and every eight weeks a consultant attends. He mentioned some of the symptoms patients could perhaps have which could point to them having diabetes.

2. **Taster session on Self- Management.** Lynn Daniel talked about the Expert Patient Programme and how it helps not only patients but the practice. The patient is better prepared to see the doctor, can manage their health better themselves and feel more confident in dealing with their illness. The tutors all have long term conditions and are therefore in tune with the patient's needs.

3. **Minutes:** There were no matters arising. They were proposed and seconded by Betty and Jeff.

4. **Updates from the surgery:** There has been no new salaried G.P. appointed at the moment. Paul- the advanced nurse practitioner- has started (we now have 3 in total). The ANP team is being developed to trial provision of a home visit scheme which will initially focus on our local nursing homes. 270 patients are currently being case managed under the Avoiding Unplanned Admissions scheme and all will need detailed care plans by the end of September 14. This is underway at present.

There will be no meeting in August. The next meeting will be on 30th September 2014.